Preventive Services Covered Under the Affordable Care Act

If you have a new health insurance plan or insurance policy beginning on or after September 23, 2010, the following preventive services must be covered without your having to pay a copayment or co-insurance or meet your deductible. This applies only when these services are delivered by a network provider.

- Covered Preventive Services for Adults
- Covered Preventive Services for Women, Including Pregnant
 Women
- Covered Preventive Services for Children

15 Covered Preventive Services for Adults

- Abdominal Aortic Aneurysm one-time screening for men of specified ages who have ever smoked
- 2. Alcohol Misuse screening and counseling
- 3. Aspirin use for men and women of certain ages
- 4. Blood Pressure screening for all adults
- 5. Cholesterol screening for adults of certain ages or at higher risk
- 6. Colorectal Cancer screening for adults over 50
- 7. **Depression** screening for adults
- 8. Type 2 Diabetes screening for adults with high blood pressure
- 9. Diet counseling for adults at higher risk for chronic disease
- 10. HIV screening for all adults at higher risk
- 11. Immunization vaccines for adults--doses, recommended ages, and recommended populations vary:
 - Hepatitis A
 - Hepatitis B

- Herpes Zoster
- O Human Papillomavirus
- Influenza (Flu Shot)
- o Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- o Tetanus, Diphtheria, Pertussis
- Varicella
 Learn more about immunizations and see the latest vaccine schedules.
- 12. Obesity screening and counseling for all adults
- Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk
- Tobacco Use screening for all adults and cessation interventions for tobacco users
- 15. Syphilis screening for all adults at higher risk

22 Covered Preventive Services for Women, Including Pregnant Women

The eight new prevention-related health services marked with an asterisk (*) must be covered with no costsharing in plan years starting on or after August 1, 2012.

- 1. **Anemia** screening on a routine basis for pregnant women
- 2. **Bacteriuria** urinary tract or other infection screening for pregnant women
- 3. BRCA counseling about genetic testing for women at higher risk

- 4. **Breast Cancer Mammography** screenings every 1 to 2 years for women over 40
- Breast Cancer Chemoprevention counseling for women at higher risk
- Breastfeeding comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women*
- 7. Cervical Cancer screening for sexually active women
- Chlamydia Infection screening for younger women and other women at higher risk
- Contraception: Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs*
- Domestic and interpersonal violence screening and counseling for all women*
- 11. Folic Acid supplements for women who may become pregnant
- 12. Gestational diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes*
- 13. Gonorrhea screening for all women at higher risk
- 14. **Hepatitis B** screening for pregnant women at their first prenatal visit
- Human Immunodeficiency Virus (HIV) screening and counseling for sexually active women*
- 16. Human Papillomavirus (HPV) DNA Test: high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older*
- Osteoporosis screening for women over age 60 depending on risk factors

- 18. **Rh Incompatibility** screening for all pregnant women and followup testing for women at higher risk
- Tobacco Use screening and interventions for all women, and expanded counseling for pregnant tobacco users
- 20. Sexually Transmitted Infections (STI) counseling for sexually active women*
- 21. **Syphilis** screening for all pregnant women or other women at increased risk
- 22. Well-woman visits to obtain recommended preventive services*

Learn more about Affordable Care Act Rules on Expanding Access to Preventive Services for Women. (Effective August 1, 2012)

26 Covered Preventive Services for Children

- 1. Alcohol and Drug Use assessments for adolescents
- 2. Autism screening for children at 18 and 24 months
- 3. **Behavioral** assessments for children of all ages Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- Blood Pressure screening for children
 Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- 5. **Cervical Dysplasia** screening for sexually active females
- 6. Congenital Hypothyroidism screening for newborns
- 7. **Depression** screening for adolescents
- 8. **Developmental** screening for children under age 3, and surveillance throughout childhood

 Dyslipidemia screening for children at higher risk of lipid disorders

Ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

- 10. **Fluoride Chemoprevention** supplements for children without fluoride in their water source
- 11. Gonorrhea preventive medication for the eyes of all newborns
- 12. **Hearing** screening for all newborns
- Height, Weight and Body Mass Index measurements for children

Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

- 14. Hematocrit or Hemoglobin screening for children
- 15. Hemoglobinopathies or sickle cell screening for newborns
- 16. HIV screening for adolescents at higher risk
- Immunization vaccines for children from birth to age 18 —
 doses, recommended ages, and recommended populations vary:
 - o Diphtheria, Tetanus, Pertussis
 - O Haemophilus influenzae type b
 - Hepatitis A
 - Hepatitis B
 - o Human Papillomavirus
 - Inactivated Poliovirus
 - Influenza (Flu Shot)
 - Measles, Mumps, Rubella
 - Meningococcal
 - o Pneumococcal

- Rotavirus
- Varicella
 Learn more about immunizations and see the latest vaccine schedules.
- 18. **Iron** supplements for children ages 6 to 12 months at risk for anemia
- 19. Lead screening for children at risk of exposure
- 20. **Medical History** for all children throughout development Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- 21. Obesity screening and counseling
- 22. **Oral Health** risk assessment for young children Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years.
- 23. **Phenylketonuria (PKU)** screening for this genetic disorder in newborns
- 24. **Sexually Transmitted Infection (STI)** prevention counseling and screening for adolescents at higher risk
- 25. **Tuberculin** testing for children at higher risk of tuberculosis Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- 26. Vision screening for all children